



Regulations for English speaking students at PUMS
In the summer semester 2020/2021
 related to preventing the spread of SARS Cov-2

I. On-line classes	Lectures and seminars are conducted using only methods and techniques of distance learning.
II. Direct (contact) classes	Classes developing practical skills shall take place in contact (stationary) form. Under special circumstances, with the Dean's approval, the organization of such classes with the use of remote teaching methods and techniques will be allowed. During the contact classes regulations of the teacher must be followed.
III. Face masks	On the premises of PUMS (generally available areas) and during all contact classes teachers and students are required to wear face masks covering the mouth and the nose regardless of being already vaccinated against COVID-19 or not.
IV. Health condition	Direct (contact) classes can be attended only by students who show no symptoms of respiratory tract infection (increased body temperature, sore throat, loss of smell and taste, headache). On the occurrence of worrying symptoms we recommend not to attend direct contact classes and contact family doctor. In such situation the teacher should be notified immediately in order to arrange the form and conditions of making up classes.
V. Clinical classes	During clinical classes we ask to absolutely use personal protective measures adjusted to the place of classes. We ask to follow the rules and recommendations of the teachers.
VI. Vaccination	Despite the fact that students do not have obligation to inform the teacher about being vaccinated, we ask to release such information to the teachers if they ask for it. You might be asked for such information, especially in case of direct contact of a student with a patient. For the sake of the patient (high risk of virus transmission, patients with decreased immunity), teachers are allowed to decide that only vaccinated students can have direct contact with a patient (it is acceptable to verify the fact of being vaccinated). In such situation students who are not vaccinated and students who have not released the information about being vaccinated should absolutely have an opportunity to attend clinical classes, however it is possible to limit their direct contact with a patient (performing examinations).
VII. Immunity	Please remember that immunity is not developed immediately after taking the second dose of vaccination, and in case of AstraZeneca vaccination it is developed gradually between taking the first and second dose. Usually developing immunity takes a few weeks and during this time it is possible to contract COVID-19. For vaccinations currently used in Poland it can be assumed that the expected high percentage of immunity is achieved in the following periods: a) in case of Pfizer vaccination after 7 days upon taking the second dose; b) in case of Moderna after 14 days upon taking the second dose; c) in case of AstraZeneca immunity is developed after around 3 weeks after taking the first dose, and maximum after 15 days from taking the second dose.
VIII. Infection	In case of receiving information about a positive COVID-19 test result students are always required to notify about this fact the Office of the Vice-Rector for Teaching – mail: covid@ump.edu.pl.
IX. Return form abroad	Students returning from abroad are required to: a) perform pre-travel test: Take a PCR SARS-CoV-2 test within 48h b) perform post-travel test: Take a second PCR test at the University CoViD Lab 7 days after arrival and stay in 7-days long self-isolation until receiving negative test result. Students who provide two negative test results are allowed to attend contact clinical classes. <u>Students who are already vaccinated with two doses of vaccination are not required to perform two PCR tests provided that the time mentioned under VII. has passed.</u> In connection with leaving Poznan for Easter break English-speaking students are allowed to perform PCR test at PUMS Laboratory (7 days after arrival).

<p>X. Crossing the boarder – rules of quarantine</p>	<p>If you cross the internal border of the EU (Schengen Zone), you are released from the quarantine obligation in three cases:</p> <ol style="list-style-type: none"> a) you are already vaccinated by two doses with a use of vaccine against COVID-19 that is authorized in the European Union for admission to trading, b) completion of home isolation, isolation or hospitalization due to infection with SARS-CoV-2 virus, no later than 6 months before the date of crossing the border, c) you have a negative result of the SARS-CoV-2 coronavirus test obtained within 48 hours before crossing the border. <p>If you cross the EU/Schengen Zone external border, the quarantine exemption applies to the Schengen Zone area, however the border guard does not expect the SARS-CoV-2 coronavirus test 48 hours before crossing the border.</p> <p>The result of this test - if you are not vaccinated - is required by Poznan University of Medical Sciences, so please do it.</p>
<p>XI. Direct contact with a COVID- 19 positive person</p>	<p>In case of direct contact of a student with a SARS-Cov-2 infected person:</p> <ol style="list-style-type: none"> a) students vaccinated with the second dose of the vaccine, when the contact with infected person occurred after the period mentioned under VII, can continue attending classes and perform their requirements – we recommend self-observation, and contacting family doctors in case of occurrence of worrying symptoms; b) students vaccinated with the first dose only or with the second dose, when the contact with the infected person occurred before the period mentioned under VII., will be quarantained according to the currently effective legal regulations. <p>Students from the quarantained group wait for being contacted by Sanepid. In case of not being contacted by Sanepid within 24 hours from the moment of notifying about the occurrence, students are required to contact Sanepid helpline on their own: tel. 22 25 00 115 or via webpage: https://www.gov.pl/web/gov/zglos-kwarantanne</p>