

PRACTICAL TRAINING DURING FIRST YEAR

❖ PRACTICAL TRAINING DURING THE ACADEMIC YEAR:

Practical training during the academic year covers 120 hours, including:

- a) preclinical practical training - 80 hours,
- b) kinesis therapy practical training - 40 hours.

➤ PLACES

Places student are designated to have a practical trainings are pointed by University

PART A

Training supervisor: **Katarzyna Galasińska**

Place of meeting: Orthopaedics and Rehabilitation Hospital, 28 Czerwca 1956r. street 135/147

Contact: katarzyna.galasi@wp.pl

Practical training always begin at 9.00 AM. Students has to change their clothes (for white shoes and white uniform) earlier. Pick up the keys to a cloakroom from the lodge (Entrance G, Orthopaedics and Rehabilitation Hospital). The cloakroom is next to the swimming pool.

Part B

Training supervisor: **Monika Baryła**

Place of meeting: Nursing Home, Sielska Street 13, Poznań

Contact: monikaa39@poczta.onet.pl

❖ SUMMER PRACTICAL TRAINING

Summer practical training covers 180 hours, including practical training in:

- a) Kinesis therapy - 120 hours
- b) Physical therapy - 60 hours

Summer practical training- organized individually!

1. The students individually organizing practice in their chosen subject, in Poland or in another country, must obtain the consent of the tutor. In this case, there must be an agreement on the implementation of individual professional practical training between the University and the unit in which the practical training is to take place.
2. The agreement referred to in section 1 must be prepared and signed by the supervisor of the whole practical training on behalf of the President of the University.
3. Practical trainings take place in entities that meet the criteria, in accordance with the regulations and framework practical training program adopted by the relevant council departments.
4. A person who has direct supervision over first year students at the place of training must have at least a Master's degree in Physiotherapy, Rehabilitation, or be a doctor specializing in Rehabilitation. A person who has direct supervision over second and third year students must have at least a Bachelor's degree in Physiotherapy or Rehabilitation.

The student individually organizing practice in their chosen subject, in Poland or in another country must deliver appropriate information (address, e-mail, phone number, etc.) about unit in which the practical training is to take place. It should be done not later than by May 15 of the current year. After this date students will be obliged to do a practical training in Poland in a place designated by the University.

Framework practical training program for first year students of the Physiotherapy Program

Practical training during the academic year

1. Practical training during the academic year covers 120 hours, including:
2. a) preclinical practical training - 80 hours,
3. b) kinesis therapy practical training - 40 hours.
4. Introducing students to the work and the organization of the unit.
5. Introducing students to the tasks and the work of a physiotherapist in the unit.
6. Reading the documentation in the physiotherapy facility.
7. Carrying out independently interviews with patients.
8. Making the basic tests to assess the functional status of patients.
9. Assisting in the execution of the basic exercises of kinesis therapy.
10. Performing basic exercises independently.
11. During practical training students should write one treatment draft based on the case study: students have to co-ordinate the topic of draft with a direct supervisor of the training

supervisor in the place of training. Treatment draft should be written in the practical training workbook.

12. All students should write practical training workbooks which will be assessed by the supervisor of the whole practical training. The students' supervisor in the place of training confirms the execution of individual activities with his/her signature and gives a final evaluation according to the obtained points by the student:

28-30 – very good (5);

25-27 – more than good (4,5);

22-24 – good (4);

19-21 – more than satisfactory (3,5);

16-18 – satisfactory (3);

<15 – fail (2).

Summer practical training

1. Summer practical training covers 180 hours, including practical training in:
2. a) Kinesis therapy - 120 hours
3. b) Physical therapy - 60 hours
4. Introducing students to the unit in which they undergo the training, that is: types of treatments performed, the most frequent diseases/states, physiotherapy equipment, etc.
5. Independent execution of kinesis therapy treatments and therapeutic massage under the control of the training supervisor.
6. Assisting in the execution of procedures in the field of: heat therapy, cold therapy, hydrotherapy and exercise in water.
7. Students do not have the right and abilities to perform the procedures in the field of: electrotherapy, magnetic therapy, laser therapy, phototherapy, and ultrasound.
8. Extending theoretical knowledge during the meetings with the person supervising the practical training and using the knowledge in practice.
9. During practical training students should write one treatment draft based on the case study: students have to co-ordinate the topic of draft with a direct supervisor of the training supervisor in the place of training. Treatment draft should be written in the practical training workbook.
10. All students should write practical training workbooks which will be assessed by the supervisor of the whole practical training. The students' supervisor in the place of training confirms the execution of individual activities with his/her signature and gives a final evaluation according to the obtained points by the student:

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❖ Schedule of Practical Training

Practical Training during year will be held in MARCH-APRIL
Summer Practical Training will be held in JULY

IMPORTANT INFORMATION

1. Pick up the Practical Training Workbook from the dean's office, make up addresses and data centers tutors
2. Repeat knowledge, the practice concerns. A person who has direct supervision has the right to require theoretical knowledge about treatments to be covered practice. The consequence of the lack of such knowledge may be exclusion from the start of practice.
3. Refer to the Regulations for students and Framework Practical Training Program, which must be confirmed by signature.
4. Student must have a white hospital uniform (trousers, jacket) and white hospital shoes.