Success story

The Medical Simulation Center

SELECTED HISTORICAL HIGHLIGHTS

4-7
20th Anniversary of Medical Programs in English at PUMS

This year we are proudly commemorating the 20th anniversary of Medical Programs in English at Poznan University of Medical Sciences.

From our humble beginnings with our first class consisting of only 14 students who arrived from US and Canada, the English-based Programs have grown into 5 programs totaling nearly 1000 students. These programs include the 4-year M.D., 6-year M.D., 5-year D.D.S., 6-year Pharm. D. and 3-year B.Sc. in Physiotherapy program. As of now these are more than 1300 graduates of the English-language medical programs at our University, more than 400 are practicing medicine in the United States.

The beginnings were challenging, but thanks to wisdom, hard work and to commitment of the faculty, staff and students, our English-language programs are proud to become one of the most renowned programs in Poland.

Over the last 20 years the University has changed substantially, both in relation to academic and curricular improvements, as well as in terms of University facilities with the building of up-to-date library and congress center, new medical biology center, new dormitory and many other campus enhancements.

We cordially invite all who graduated from the English Programs over last 20 years to visit Poznan and see how the University and its English-based Programs have grown, as well as see how modern the University facilities have become.

Sincerely,

Prof. Jacek Wysocki, M.D., Ph.D.
President
Poznan University of Medical Sciences

Prof. Grzegorz Oszkinis, M.D., Ph.D.
Dean of Center for Medical Education in English
Poznan University of Medical Sciences
The ninety-four-year history of what comprises today’s Poznan University of Medical Sciences may be very briefly summarized with the following chronology:

- 1919 — opening of the Piast University, named after the first Polish royal dynasty, later renamed the Poznan University. At first, the University besides the humanities has had just a Faculty of Pharmacy, whereas the Faculty of Medicine opened its doors in 1920, and the Chair of Dentistry in 1929.
- 1939–1945 — World War II brought on the closure of the Poznan University.
- 1940 — The underground University of Western Poland — consisting of the faculties of Medicine, Pharmacy, and Dentistry — came to life and remained active in its clandestine teaching activities in Warsaw during the war.
- 1941 — The Polish University of Medicine was founded at the University of Edinburgh to teach Polish physicians in exile. With Professor Antoni Jurasz of Poznan as its first dean.
- 1945 — reopening of the Medical Faculty, the Section of Dentistry, and the Faculty of Pharmacy in Poznan.
- 1950 — forming of a new educational entity, independent of the Poznan University, called the University of Medical Sciences in Poznan, that included the Medical Faculty with the Section of Dentistry and the Faculty of Pharmacy.
- 1984 — the new name of the Karol Marcinkowski University of Medical Sciences was conferred to honor a distinguished Poznan patriot and physician.
- 1992 — The Faculty of Medicine was divided into: Faculty I with the six-year M.D. program in Polish; and Faculty II with the Divisions of Dentistry and Postgraduate Education in Polish, including the Divisions of Medicine and Dentistry with English as the official language of instruction.
- 1993 — opening of the four-year M.D. Program in English.
- 1996 — opening of the six-year M.D. Program in English.
- 2001 — opening of the five-year D.D.S. Program in English.
- 2004 — opening of the five-year Pharm. D. Program in English, replaced by the six-year program in 2009.
- 2006 — The school now with its just conferred new name — Poznan University of Medical Sciences — underwent an extensive restructuring and expansion.
- 2008 — The University is granted accreditation by the Medical Board of California.
- 2009 — opening of the three-year B.Sc. Physiotherapy Program in English.
- 2010 — opening of the first-in-Poland Center for Medical Simulation, followed by a state-of-the-art Conference and Teaching Center and a modernized Main Medical Library.
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In its history spanning more than eleven centuries Poznan has had a record of educational establishments. The Lubranski Academy, founded in 1519, was the first institution of higher learning, later followed by other schools. Though, between the 18th and 20th centuries the continuum of their growth was broken as a consequence of historical whirlwinds.

SELECTED HISTORICAL HIGHLIGHTS

The idea of creating Medical Programs in English arose from my observation of the University and its development. It was also a reaction to changing political and economic situation. I introduced this concept in the inauguration speech in 1990. It did not meet with common approval, although there were many members of the University staff who understood and supported this idea. We commenced preparations.

Implementation of the English program curriculum implied changes at the University. In this way Medical Faculty II was created and one of its aims was precisely education in English in American and Polish Program. The organisation of English programs constituted a great challenge for us.

With time the concept of Programs in English turned out to be successful. The number of students is continuously growing and new programs are created — apart from medical studies there are also Programs in Dentistry, Pharmacy and Physiotherapy. The University gains numerous measurable benefits.

In conclusion, I think that the idea, although initially it aroused reservations, proved right. Continuous development of the Center for Medical Education in English proves it. It is a source of my deep satisfaction.
The Poznan University of Medical Sciences (PUMS) is one of the best and largest medical universities in Poland, with ninety-four years of sound academic experience and a great growth momentum. Our University is a leading medical school in Poland and is currently recognized as the largest educational, research, and clinical center in Poland.

ORGANIZATIONAL STRUCTURE:
The governing bodies of the University are: the Senate, Faculty Boards, Deans, and the President (Rector) who is the official head of the University. The University is comprised of four main faculties: Medical Faculty I, Medical Faculty II, Faculty of Pharmacy, and Faculty of Health Sciences.

PERSONNEL:
• 310 administrative personnel
• 1,400 academic staff, including
• 200 professors

STUDENT POPULATION:
• 8,000 enrolled students
• nearly 1,000 international students

FACILITIES:
The University is well equipped for conducting research in basic medical sciences, clinical investigations, diagnostics, and treatment. Teaching and research relies on collaboration with six clinical hospitals (over 2,200 beds) as well as with other Poznan hospitals.

NUMBER OF GRADUATES AND DEGREES GRANTED:
Since 1950, the University has awarded its degrees to over 16,700 physicians, 6,150 dentists, and 7,115 pharmacists. In its various postgraduate programs, the University has granted 3,650 Ph.D. degrees, and 650 professorial nominations. As of now there are more than 1,100 graduates of the English language medical programs at our University.

HIGHLY RECOGNIZED AREAS OF ADVANCED RESEARCH CONDUCTED AT PUMS THAT HAVE BEEN PRESENTED IN RESEARCH PAPERS AND PUBLISHED IN PROFESSIONAL JOURNALS INCLUDE:

– in medicine
immunology, endocrinology, nuclear medicine, anesthesiology, surgery, nephrology, gynecology and obstetrics (esp. perinatology), ecology, parasitic and tropical diseases, AIDS, viral hepatitis, hematology, pediatric oncology, cytopathology, development of the central nervous system, immunology of skin diseases, clinical pharmacology, genetics, audiology, phoniatrics, and optometry

– in pharmacy
drug stability, pharmacokinetics and biochemistry, the synthesis and analysis of new therapeutic agents, phytochemistry, toxicology, and pharmacology

– in health sciences
health promotion, nursing processes, and standards in nursing work

– international participation in medical science exchanges and collaborations with other centers:
Each year University faculty members take part in over 40 international conferences, and the Poznan University of Medical Sciences hosts between 5 to 12 major international congresses and conferences. We also receive frequent visits of scientists from over 30 countries with whom we have established long-term collaborations. Among them are universities in: Rennes and Rennes — France; Turku — Finland; Berlin, Göttingen, Halle, Kiel, Magdeburg, Mainz, München Regensburg — Germany; Linkoping — Sweden; Oulu University College — Norway; Padua — Italy; University of Illinois at Chicago — U.S.A.; London University at Greenwich — U.K.; and University of Edinburgh — Scotland.
When I was applying to medical schools, my future father-in-law brought me an application for PUMS. He explained to me that this was a prestigious medical school in Poland that was starting a program for English-speaking students. I applied, with the hopes of learning some Polish and seeing the country of my fiancé Paul’s childhood. To my delight (and fear), I was accepted into the inaugural class. Paul and I made the journey across the ocean a few months later. My student identification number was 0001.

There were just over a dozen of us in this new program, but more than 1/2 could speak Polish. I was not one of them, but fortunately most Polish students were fluent in English. There was some culture shock experienced by both sides. The Poles were very hospitable, but did not have much contact with Americans at the time so our small group became notorious around town.

The faculty and administration were eager to make us comfortable in our new country, welcoming us into their homes and lives. When the administration learned about our Thanksgiving custom, for example, they organized a party at a nearby castle on Thanksgiving Day. After touring the castle, we were driven by horse and sleigh to a cabin in the woods for our celebratory meal. Of course, our Polish professors had high expectations for us. Because we were such a small class, though, we had unparalleled access to our teachers. One of my fondest educational memories was taking my final oral pathology exam at the home of my beloved professor over dinner. I have many other wonderful memories of my years in Poland.

I learned some Polish and visited my husband’s hometown where I met his grandmother. Paul and I took overnight trains to the beautiful mountains of Zakopane as well as to Krakow and Warsaw. We even ventured outside of Poland a few times to visit the Czech Republic and Germany. We were fully immersed in the customs and traditions of Poland, many of which we still practice today.

I got married after my second year of studies, and had a son after my third year. He spent the first year of his life in Poland while I completed my studies. I passed each step of the USMLE on my first try. After graduation, I was accepted into a residency program in family practice in Schenectady, NY. Although I was nervous initially, I found that Poland had prepared me well for my new duties. During my second year in residency, we welcomed a second son into the family. With 2 boys under 2 and both my husband and I working full-time, we were very busy!

Finally, after graduation from residency, we moved to upstate NY where I joined a small rural practice. A few years later my third son was born. I have been working there now for 13 years. I care for people of all ages, even seeing patients in the local nursing home. I am also the school physician in my town. I have continued to expand and diversify my medical training. I am certified in acupuncture, which I do once a week at my office. I am also currently enrolled in a 2-year fellowship in Integrative Medicine.

I am grateful for the education I received at PUMS, the friendships I made, and for the many wonderful experiences that I could not have had anywhere else.

Jennifer Baker-Porazinski
M.D.

The four-year M.D. Program is designed for U.S., Canadian, and other international college graduates who have completed their pre-medical education and who have obtained satisfactory grades in Biology, Chemistry, Physics, and English. Candidates for this program may be accepted after demonstrating a necessary record of academic achievement and after passing an interview with PUMS Admissions Committee. This program is fully recognized by the Medical Board of California. The curriculum at PUMS is based on the American M.D. program and follows the American standards of education. The University is recognized by the United States Department of Education and by the relevant student loan providers.

Assoc. Prof. Katarzyna Ziemnicka,
M.D., Ph.D.
Associate Dean for Medicine

PUMS is our University. It is a place to which we devote a great amount of time, and for which we work with pleasure. We are happy to contribute to the enhancement of the quality of education and to the increase in opportunities in this framework.

As far as our students are concerned, PUMS provides an opportunity to meet people from different corners of the world, which is very useful in the era of amalgamation of societies, languages, cultures. They acquire the ability to function and cooperate regardless of the differences.

It is crucial in view of the fact that arriving to study at PUMS the students leave their homes, families, friends. They have to learn to live in a new environment, which makes them attain maturity faster.
6-year Doctor of Medicine (M.D.) Program

PUMS is a team that is well-adjusted to working together. We can rely on one another, we support one another, which contributes to our success. Working with young people constitutes a challenge for us, which makes us refreshed, rejuvenated. There is no routine or boredom at PUMS. Our foreign students are provided by us with solid education at the very heart of Europe and as we all know, travel broadens the mind. We may say that young people are given “the world in a nutshell” here. Consequently, they become tolerant, they value and understand diversity. It might be difficult at the beginning, but the openness with which they explore new frameworks makes them adapt themselves fast. After a few months they feel here like home.

The six-year M.D. Program is based on the Polish curriculum and designed for international candidates who have graduated from high school, and who have obtained good grades in: Biology, Chemistry, Physics, and English. This program is fully recognized by the Medical Board of California. It is divided into two parts as described below. Part I takes up the three preclinical years and is devoted primarily to the following subjects: Anatomy, Medical Biology, Chemistry, Biochemistry, Histology and Embryology, Physiology. During that time the clinical aspects of these subjects are gradually introduced as well. Part II starts in the fourth year and takes up the remaining three years of the course: two years of clinical knowledge and training and one year dedicated to elective clinical practice. Upon completing all of the theoretical and clinical subjects and after passing all of the required examinations, students are awarded the degree of Medical Doctor — M.D. Candidates for this program may be accepted after demonstrating a necessary record of academic achievement and after passing an interview with PUMS Admissions Committee.

The five-year D.D.S. Program is designed for international candidates who have graduated from high school, and who have obtained good grades in: Biology, Chemistry, Physics, and English. The curriculum for the English five-year D.D.S. program at PUMS follows the one taught to the European students. Upon completion, successful students will receive the degree of Doctor of Dental Surgery, D.D.S. Those graduates who plan to practice dentistry in North America will have to complete two additional years of study in the United States or Canada, making it a total of seven years to obtain a license. It is a standard requirement for all graduates with a foreign degree in North America. Candidates for this program may be accepted after demonstrating a necessary record of academic achievement in Biology, Chemistry, and English; and after passing an interview with PUMS Admissions Committee.

5-year Doctor of Dental Surgery (D.D.S.) Program

O ur Dental School collaborates with many dental schools in the world, including College of Dentistry at Ohio State University, University of Maryland School of Dentistry and recently Faculty of Dentistry at University of Hongkong. We also have link with Peninsula Dental School and School of Dentistry at University of Leeds, in United Kingdom and ACTA in Amsterdam. We plan to expand those collaborations and add new institutions. We also offer an Erasmus exchange program for our students.

Dental Students Association is our real pride in the DDS program because we collaborate very strongly with the DSA and that includes organization of student conferences with invited speakers from abroad – from Great Britain, Holland, Italy, United States, and Canada. To be a good dentist – it requires passion, dedication, maturity and hard work. So we are looking for candidates who have made independent choice to study dentistry and who are happy to spend a lot of time studying and working. We offer them professional academic teachers and staff, who are both experienced and enthusiastic about teaching. Our goal is to provide modern curriculum while creating a friendly atmosphere and environment, where students can focus on their studies.
6-year Doctor of Pharmacy (Pharm.D.) Program

The six-year Doctor of Pharmacy (Pharm.D.) Program is designed for U.S., Canadian, and other international high school or college graduates whose goal is to receive a degree in pharmacy. This six-year Pharm. D. curriculum is designed to meet the standards and guidelines for professional programs in pharmacy defined by the Accreditation Council for Pharmacy Education (ACPE). It also adheres to the Directive 2005/36/EC of the European Parliament and to the requirements of the Council on the Recognition of Professional Qualifications. Candidates for this program may be accepted after demonstrating a necessary record of academic achievement in Biology, Chemistry, and English; and after passing an interview with PUMS Admissions Committee.

High school graduates apply for admission to the first year (first pre-pharmacy year), whereas college graduates may apply for admission to the third year (first professional year) of the Pharm. D. Program.

3-year B.Sc. Physiotherapy Program

The three-year B.Sc. Physiotherapy Program welcomes applicants who would like to obtain the Bachelor of Science degree in Physiotherapy. It is based on the European curriculum with English as the language of instruction, and is designed for international candidates who have good educational foundation in basic sciences; demonstrate appropriate level of maturity, motivation and commitment to a career in Physiotherapy; and who are in good health. Candidates for this program may be accepted after demonstrating a necessary record of academic achievement in Biology, Chemistry, and English; and after passing an interview with PUMS Admissions Committee.

Prof. Franciszek Główka, M.Sc., Ph.D.
Associate Dean for Pharmacy

I would like to tell you that Poznan University of Medical Sciences created very good opportunities, very good conditions for our students. Our labs possess very modern equipment such as liquid chromatographs, also capillary electrophoresis, equipped with very sensitive mass spectrum detectors. Our students have a chance to use this modern equipment especially when they prepare their Master’s Theses.

Our Faculty is not only focused on education, but also on science. Scientists carry out research on pharmacogenetics, clinical pharmacokinetics to explain resistance to antiplatelet therapy using the second generation thienopyridines. They put a lot of efforts to find new markers to predict appearance of diseases at very early stage, for example new brain tumors.

I would like to emphasize that in Poland up to now only at Poznan University of Medical Sciences young people can find exceptional opportunity to study pharmacy in a modern Doctor of Pharmacy Program. Moreover, we cooperate with one of the best schools of pharmacy – University of Kentucky College of Pharmacy.

Assoc. Prof. Magdalena Sobieska, M.Sc., Ph.D.
Associate Dean for Physiotherapy

During the first year students start to see the patients in hospital, where they come to observe their teachers in their work. Teachers who teach physiotherapy are all devoted active professional physiotherapists working every day in hospital helping patients. Students observe teachers at work, they see how they assess patients, what they offer, how they work with each individual person. Students also learn massage already during the first year and during the practical hours, first Introduction to physiotherapy, then Therapeutic massage, which allows them to perform massage on their own. It means that already after the first year they may help people.

What is also quite important - students start with every practical activity with their peers, we want them to experience what does it mean to be treated with electric current, hydrotherapy or laser. We want them to experience what does it mean to have massage. If they feel it, they will be able to help patients because they know what the patients should feel and also they will be able to react if the patient’s feelings are incorrect.
International medical education

International education has a very long history, which can be seen in the curriculum vitae of one of the most famous Polish medical doctor, Joseph Struthius. He was born around 1510 in Poznan and he made first steps in education in his home town in Marià’s Magdalena Collegiate and Lubianski academy. Next he moved to Krakow Academy, where he started to translate works of Galen and Hippocrates. During this time he was nominated to the position of vice-rector of the university and received title of professor of Theoretical Medicine. He practiced medicine at the court of Polish king Zygmont Starg, and also at the Hungarian as well as Turkish court where he treated the sultan Suleiman II. At that time he was considered to be Europe’s most prominent physician whose advice was requested several times by Philip II, king of Spain. Interesting question is if Dr Struthius would have become such known and prominent physician of his time if he was not exposed to such international education?

International activities during medical education have two major aims: to expose future doctors to different cultural and economic realities, raising awareness of the importance of these issues in all health care activities, both domestic and international. Finally, it may be very helpful in making final decision regarding which specialty or which residency program to choose in the future.

There are several ways students can apply for international electives nowadays. Within European Union medical students can arrange own international medical education via Erasmus program, which allows them to pick a country and university to do a non-clinical or clinical rotations during one or more semesters. Another way to gain opportunity for international electives is via International Federation of Medical Student’s Associations, which has representation of medical students from all over the world. There is a special system in North America dedicated to obtain electives in other institutions called Visiting Student Application System (VSAS). This program was established by American Association of Medical Colleges (AAMC) and is only dedicated to students from US medical schools or from independent academic medical centers that are members of the Council of Teaching Hospitals and Health Systems (COTH). The service requires only one application for all participating institutions, effectively reducing paperwork, miscommunication, and time. Just recently the AAMC created another program dedicated for international electives application, which is Global Health Learning Opportunities (GHL0). This program allows students from GHL0 affiliated medical schools apply for electives in the US as well as in other countries. There is also another program in the US called Global Education in Medicine Exchange (GEMS), which is dedicated for US and non US students who are interested in electives outside of the US. Poznan University of Medical Sciences (PUMS) participates in medical student exchange program with many partners within European Union through Erasmus. Besides it has 42 agreements outside of Erasmus scope with different institutions, which include also medical students exchange. There are 26 agreements with EU countries, 4 with US centers, 11 with institutions from Asia and 1 with Canadian center. Recently PUMS has signed agreement with GHL0 and becomes both host and home partner within this program.

There are of course many other programs focused to international medical education, these presented above are just examples. It is clear that due to new IT and communication technologies world is smaller now when compared to days of Dr Struthius. Nevertheless, nothing has changed in respect to medical international education. It is needed and those who wisely use this opportunity can be better doctors in the future.

The Medical Simulation Center

The Medical Simulation Center in Poznan was initiated in 2009. It began as a vague idea and quickly evolved into reality. We opened our doors on October 27, 2010 as the first multidisciplinary medical simulation center in Poland during the International Conference: Innovations in Medical Education, Medical Simulation and E-learning organized by PUMS. Over the course of the years we grew from 2 faculty members to over 32. Teaching is interdisciplinary and includes medical students, midwives, nurses, paramedics, pharmacists and physical therapists. In our first year we trained over 1000 students and were recognized as a national leader in simulation. Now, annually over 2,500 students rotate through the Center. We had the honor of being nominated as a finalist for the national "Golden Scalpel" award for innovation in medicine in May 2010. More importantly, we were assessed to be the best educational experience at the University by the students. Moreover, the University was elected to be the host organizers for the most important European event in the medical simulation - Society in Europe for Simulation Applied to Medicine (SESAM) 2014 Annual Congress which will be held June 12 through 14, 2014 for more than 500 participants from all over the world.

To meet the needs and growing expectations a brand new 5-storey Medical Simulation Center building will be built on the University campus (opening planned for 2016). This new facility will create the opportunity for further development and improvement of both our teaching and research activities, especially in the field of medical simulations and clinical skills assessment.
The quality of teaching and learning at PUMS is constantly improving due to investments in new and up-to-date facilities as well as renewal of the existing ones. Below there are a few examples of those new enhancements:

- Center for Innovative Teaching Techniques, equipped with an examination hall with over 100 computer stations that allows the administration of the NBME web-based examinations as well as departmental tests and examinations using OLAT (Online Learning and Training) platform,
- first Medical Simulation Center in Poland,
- Center for Medical Conferences with an ultramodern Library,
- Center for Medical Science Information,
- Renewal of 12 lecture halls that now meet technological standards of the 21st century,
- Interdisciplinary Center for NanoBioMedical Research, co-founded by PUMS together with other universities,
- Center for Medical Biology.

It’s three years now since the University is offering online Pre-study course for students accepted into English-language programs. This innovative tool helps incoming students from all over the world to refresh their knowledge of Biology, Chemistry and Physics while they are still at home prior to coming to Poznan.

Alumni Reconnect

The purpose of the Poznan University of Medical Science Alumni Association is to promote, influence, and support the educational and social mission of the University while encouraging an enduring relationship by deepening alumni and student loyalty.

There are already nearly 1,300 PUMS alumni spanning the globe! We are here to create opportunities for alumni to stay connected with each other and the University.

If you have feedback or an event idea, please contact us at alumni@ump.edu.pl.

Alumni Coordinator,
Katarzyna Smolarek-Piotrowska
M.A.
Those students who decide to come to Poznan for the duration of their medical studies may be surprised with the variety of opportunities for fun and entertainment, historical and cultural explorations, recreational and sports activities, artistic events, and for just plain socializing that will become part of their experience here in the City as well as in the entire Wielkopolska region. As a typical, multicultural college town, it is bustling with student traffic while they traverse the City on their way to 8 public universities and over 10 private ones. At night, Poznan comes alive with numerous clubs, pubs, cafes, restaurants, and theaters.

A few trivia facts FYI:
• Poznan is regarded by all Poles to be the cradle of Poland. Its recorded history spans 11 centuries, dating back to the mid-tenth century, this is where Poland began to exist.
• Its first institution of higher learning, the Lubrzański Academy, was erected in 1519.
• The charming Old Town Market with the one-of-a-kind Renaissance Town Hall is unforgettable.
• The Museum of Musical Instruments is the only one like it in Poland.
• Today, there are over 500,000 residents in Poznan.
• The City is home to some prestigious cultural events:
  – The Henryk Wieniawski International Violin Competitions
  – The Transatlantic Film Festival established by Jan A.P. Kaczmarek
  – The International Theater Malta Festival
• For entertainment, Poznan offers several theaters, many movie theaters, an opera house, and a spectacular concert hall for mostly classical music performances called the University Aula.
• Its green areas combined with four lakes that are available for rest, recreation, and relaxation can be found in different districts across and around the City.
• The Wielkopolska region offers many tourist attractions that include: national parks and nature preserves; carefully restored historical residences like palaces, castles, and country manors, as well as churches, convents, and monasteries; hiking and biking trails in the countryside; a few scenic lake districts for water sports aficionados; horseback amenities for the enthusiasts of equestrian sports, and much, much more.

Our international students at PUMS say…

"POZNAN IS A PLEASANT CITY TO LIVE IN, WITH HELPFUL PEOPLE ALL AROUND, EASY TO NAVIGATE DUE TO ITS MODEST SIZE, OFFERING A LOT OF INTERESTING HISTORY AND BEAUTIFUL ARCHITECTURE."
PUUMS
At the heart of Europe!

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Visit us: Watch us: City App:

Contact in Poznan:
Center for Medical Education in English
41 Jackowskiego St., 60-512 Poznan, Poland
Tel. +48 61 854 71 47, -44,
+48 61 854 72 24,
+48 61 854 72 31
Email: pums@ump.edu.pl