



**INFORMATION FOR THE INCOMING STUDENTS ACCEPTED TO
THE 4 MD, 6MD, 5 DDS, PHARMD AND PHYSIOTHERAPY PROGRAMS
IN THE ACADEMIC YEAR 2016/2017**

THE CALENDAR FOR FIRST-YEAR STUDENTS

August 1 to 19, 2016 – first part of the Pre-study course **provided online, mandatory** for the 6MD, DDS, PharmD and Physiotherapy Programs

August 24 to 28, 2016 – **Orientation Days**

August 29 to September 23, 2016 – second part of the Pre-study Course held at PUMS, **mandatory** for the 6MD, DDS, PharmD and Physiotherapy Programs

August 29, 2016 – beginning of classes for the first year of the 4MD Program

September 26, 2016 – beginning of classes for the 6MD, DDS, PharmD and Physiotherapy Programs

October 4, 2016 – official inauguration of the academic year

December 19, 2016 to January 8, 2017 – Christmas Break (Winter Break)

April 13 to 18, 2017 – Easter Break (Spring Break)

July 31, 2017 – deadline for the 4MD students to collect credits and pass exams

September 15, 2017 – deadline for the 6MD, DDS, PharmD and Physiotherapy students to collect credits and pass exams

ORIENTATION DAYS

All first-year students are strongly advised to participate in the Orientation Days starting on August 24 and ending on August 28, 2016. During these days new students will receive a lot of useful information from Associate Deans of the Center for Medical Education in English, first year course coordinators, University advisors, students from student organizations, representatives of the Visa Office, the National Health Fund, Police Department, City Development Department, Medical Books and about US loans.

The **detailed Orientation Days schedule** will be posted on the PUMS website (in the INFORMATION FOR INCOMING STUDENTS tab) in mid-August 2016 at the latest.

PRE-STUDY COURSE

Both parts of the Pre-study course – Part 1 offered online and Part 2 with students present at PUMS – are **mandatory** for all students accepted to the first year of the 6-year MD Program, the 5-year DDS Program, the 3-year B. Sc. Physiotherapy Program and the 6-year Pharm. D. Program taught in English at the University.

Part 1 will be held from August 1 to 19. Online access will be e-mailed to all admitted students prior to August 1. Please note that for this part of the course students are advised to have access to the Internet once a day every day throughout the entire duration of Part 1.

The second part of the pre-study course will be held at PUMS starting on August 29 and ending on September 23.

The **schedule** for the second part of the Pre-study Course will be posted on the PUMS website (in the INFORMATION FOR INCOMING STUDENTS tab) in the last week of August.

THE TO-DO LIST FOR THE NEWLY ACCEPTED STUDENTS BEFORE CLASSES BEGIN

Each student who has not paid the 3000 PLN non-refundable part of tuition fee by the deadline specified in the acceptance letter will be automatically removed from the list of accepted students and will not be allowed to start classes.



Please keep in mind that the following documents must be submitted to PUMS

> prior to the beginning of classes in order to receive the student ID upon arrival in Poznan:

1. a copy of vaccination records, showing if Hep. B and TB shots were taken

The deadline for delivering this document is September 23, 2016 (Friday).

This is a prerequisite to receive your student ID.

> by December 31, 2016:

2. a copy of valid health insurance

3. a copy of valid student Visa (apart from EU citizens)

4. a copy of certificate (obtaining from Visa Office in Poznań) of registering the residence (EU citizens + Norway)

DORMITORY ASSIGNMENTS

Dormitory accommodations are available only to those first-year students who have paid their dormitory deposit fee of 1500 PLN.

Please be advised that PUMS dormitory assignments for incoming students will be made based on online applications that should be submitted by July 31, 2016 at the latest.

In the "Dorm" section of the PUMS applicant on-line system you will be able to choose your preferred dormitory facility and room type.

Students who are planning to live off-campus are kindly requested to indicate that in the form as well.

This online application helps to collect the information about each student's individual preferences in order to facilitate the dormitory room and roommate matching process.

Please direct any questions regarding first-year student dormitory assignments to the following email address: dorm@pums.edu.pl.

IN ORDER TO ENSURE THAT YOU HAVE NO PROBLEMS WITH RECEIVING OUR E-MAIL MESSAGES, PLEASE ADD THE ABOVE E-MAIL ADDRESS TO YOUR E-MAIL ADDRESS BOOK.

As you may know, we offer **double rooms** to first-year students. The University will guarantee places in its dormitories to all students who decide to stay in a dormitory.

Information confirming dormitory assignments will be e-mailed to all students concerned no sooner than the first week of August. Therefore, please add the following e-mail address to your address book to avoid mistaking incoming messages for spam: dorm@pums.edu.pl.

Incoming students may start moving into the dormitories on **August 19, 2016 at the earliest**.

While making dormitory reservation decisions in the online application system, each new student may choose from the following two options:

1. Reserve a dormitory room for the whole academic school year.

2. Reserve a dormitory room just for the duration of the Part 2 of the pre-study course (one month).

You may also choose to:

3. Rent an off-campus apartment using the following web site addresses:

- a. <http://international.simplerent.pl/>
- b. <http://www.asma.com.pl>
- c. <http://www.laskowski.com.pl>
- d. <http://www.sofahostel.com>, e-mail: biuro@sofahostel.pl
- e. <http://www.plp-inwestycje.pl>, e-mail: m.lewandowski@pl-inwestycje.pl
- f. <http://fusionhostel.com>;
- g. [http://www.hostel-cameleon.com/index.php?country=ang](http://www.hostel-cameleon.com/index.php?country=ang;);
- h. [http://poznan.cinnamonhostel.com/index.php?lang=en](http://poznan.cinnamonhostel.com/index.php?lang=en;);
- i. <http://www.hostel8.com/>;
- j. http://www.hostelpoznan.pl/index_en.html;
- k. <http://www.melangehostel.com/>;
- l. <http://www.melody-hostel.com/>;
- m. <http://international.simplerent.pl/>
- n. <http://www.novahaus.pl>, e-mail: biuro@novahaus.pl



- o. <http://www.szybko.pl/wynajem/Poznan>
- p. and/or peruse the housing bulletin board in the PUMS Dean's Office ground floor area

ADMINISTRATIVE STAFF HANDLING INCOMING STUDENT FINANCIAL MATTERS AT THE DEAN'S OFFICE

For assistance in financial matters, students admitted to the 4 MD and 5 DDS Programs should contact Karolina Rogalska, e-mail: krogalska@pums.edu.pl, tel. +48 61 854 72 21; whereas students admitted to the 6 MD, PharmD and Physiotherapy Programs should contact Beata Matyszewska, e-mail: matyszb@pums.edu.pl, tel. +48 61 854 72 33.

PLEASE ADD THE RELEVANT E-MAIL ADDRESSES PROVIDED ABOVE TO YOUR E-MAIL ADDRESS BOOK.

ADMINISTRATIVE STAFF HANDLING INCOMING STUDENT AFFAIRS AT THE DEAN'S OFFICE

4MD – Paweł Kosacki, e-mail: pkosacki@ump.edu.pl, tel. +48 61 854 71 47
6MD – Joanna Zalewska, e-mail: zalewska@pums.edu.pl, tel. +48 61 854 71 44
5DDS – Anna Tomczak, e-mail: atomczak@pums.edu.pl, tel. +48 61 854 72 24
PharmD – Paweł Kosacki, e-mail: pharmacy@pums.edu.pl, tel. +48 61 854 72 31
Physiotherapy – Paweł Kosacki, e-mail: physioth@pums.edu.pl, tel. +48 61 854 72 31

PLEASE ADD THE RELEVANT E-MAIL ADDRESSES PROVIDED ABOVE TO YOUR E-MAIL ADDRESS BOOK.

TUITION AND OTHER FEE SCHEDULES FOR INCOMING STUDENTS

The expenses for INCOMING students for the academic year 2016/2017 are estimated as follows:

TUITION FEES

61 400 PLN — incoming students in the 4MD Program
55 600 PLN — incoming students in the 6MD Program
55 600 PLN — incoming students in the 5DDS Program
42 700 PLN — incoming students in the PharmD Program
42 700 PLN — incoming students in the Physiotherapy Program

1. First part of the tuition fee in the amount of **3 000 PLN** is payable by the date specified in the acceptance letter received by each student.
2. Second part of the tuition fee is payable in two installments:
 - a. **First installment (second part of the tuition fee) due by September 30, 2016.**
 - 29 200 PLN — incoming students in the 4MD Program
 - 26 300 PLN — incoming students in the 6MD Program
 - 26 300 PLN — incoming students in the 5DDS Program
 - 19 850 PLN — incoming students in the PharmD Program
 - 19 850 PLN — incoming students in the Physiotherapy Program
 - b. **Second installment (third part of the tuition fee) due by February 15, 2017.**
 - 29 200 PLN — incoming students in the 4MD Program



26 300 PLN — incoming students in the 6MD Program
26 300 PLN — incoming students in the 5DDS Program
19 850 PLN — incoming students in the PharmD Program
19 850 PLN — incoming students in the Physiotherapy Program

DORMITORY FEES

Depending on the dormitory, the monthly rental fees are:

Double room:

330 PLN in Hipokrates,
345 PLN in Eskulap,
420 PLN in Aspirynka or Medyk,
510 PLN plus meter charges for cold & hot water and electricity in Karolek.

Double room (single occupancy):

660 PLN in Hipokrates,
690 PLN in Eskulap,
840 PLN in Aspirynka or Medyk,
1020 PLN plus meter charges for cold & hot water and electricity in Karolek.

Single room:

410 PLN in Hipokrates,
500 PLN in Eskulap,
660 PLN plus meter charges for cold & hot water and electricity in Karolek.

DORMITORY DEPOSIT:

1 500 PLN payable by June 30, 2016 (or by the date specified in the acceptance letter received by each student)

PRE-STUDY COURSE FEE:

Required for the 6MD, 5DDS, PharmD and Physiotherapy Programs

4 200 PLN payable by June 30, 2016

BOOKLISTS

All booklists for first-year students are available on PUMS website at www.pums.edu.pl in the INFORMATION FOR INCOMING STUDENTS tab.

HEALTH INSURANCE AND VISA — REGULATIONS AND RENEWAL PROCEDURES MANDATORY FOR ALL STUDENTS

All incoming students are required to have a health insurance policy valid in Poland for the whole duration of their studies at PUMS. By December 31 of the current year students must submit to the Dean's Office a copy of their valid health insurance policy or another document confirming that they have started the process to obtain health insurance coverage for Poland. A student's failure to do so absolves the University from any responsibility for covering the costs of his/her possible medical treatment in Poland.

Furthermore, when entering Poland, students are required to have a valid visa or another document confirming the legality of their stay in Poland. All students with dual citizenship who have a Polish passport do not need a visa. All other international students intending to study in Poland must obtain student visas from the appropriate Polish consulate before arriving in Poland.



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After arriving in Poland and prior to the expiration of their visas, students must apply to the local Visa Office for the temporary stay card. These cards are valid for a one-year period and are renewable. The application for a temporary stay card should be submitted to the Polish authorities **no later than on the last day before the visa expires**. Please keep in mind that granting the permission to stay is not automatic and takes some time. Hence, the mere act of beginning the application process for the visa renewal or for issuing a temporary stay card **does not entitle** the student to remain in Poland.

Students who are Norwegian or EU member country citizens are also required to register their stay in Poland for the whole duration of their studies at PUMS.

PSYCHOLOGICAL COUNSELING SERVICES AND DIRECT SUPPORT FOR THE STUDENTS

COUNSELING AND PSYCHOLOGICAL SERVICES, CAPS

The University offers counseling and psychological services to students who are part of the English language programs. The mission of CAPS is to support students and their performance throughout the duration of their studies. The English-speaking counselors and psychologists may be contacted by any student regarding such matters as problems with cultural adaptation, learning issues, adaptation to a foreign country, life crises, coping with stress, dormitory issues, social problems, interpersonal problems including personal or peer relationships etc.

STUDENT ADVISOR AT THE PUMS DEAN'S OFFICE

The first point of contact for newly arrived students in case of social matters, dormitory problems and general problem-solving is **Marcin Kucharski, M.D.**, e-mail: marcinku@pums.edu.pl. Being a graduate of PUMS 4-year MD program himself, he has great insight into everyday student life at our University.

RESIDENTIAL ADVISOR (R.A.) SYSTEM

Students who reside in the four PUMS dorms have created a Residential Advisor (R.A.) system to act as dorm counselors and mediators on each floor occupied by international student residents. Its goal is to foster a sense of community and to ensure that the dorm life provides to everyone all required amenities and a sense of comfort in this home away from home.

Residential Advisors (R.A.s) can also be contacted for assistance in such issues as details of everyday life in Poznań, help with filling out Polish documents and applications for, e.g., visa renewals, health insurance, etc. Please send all inquiries to: resadv@pums.edu.pl.

FACEBOOK GROUP FOR PUMS INCOMING STUDENTS 2016/2017

If you would like to get in touch with other incoming students, you are welcome to join a student-administered Facebook group created for this purpose at <https://www.facebook.com/groups/1594904944073883/>

PEER MENTORSHIP PROGRAM

PUMS AMSA International Chapter has introduced a Peer Mentorship Program for PUMS incoming students. Get in contact with the Peer Mentorship Program Manager, Elvira Rak 4-4 MD OR the Medical Education Action Committee Chair, Zinnia Ali 3-4 MD at PUMSMentorship@gmail.com.

More info at:

<http://amsapumsinternationalchapter.cmail2.com/t/ViewEmail/d/6EA96C177A7AE57C/68C47E407D442DD5C67FD2F38AC4859C#fo>



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PUMS CONTACT INFORMATION

Please visit our website at <http://www.pums.edu.pl> for more up-to-date information on all topics covered in this handout, or write and visit us at:

**POZNAN UNIVERSITY OF MEDICAL SCIENCES
CENTER FOR MEDICAL EDUCATION IN ENGLISH**

DEAN'S OFFICE

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E-mail: pums@pums.edu.pl

Our office hours are Monday through Friday 10:30 a.m. - 3:30 p.m. (GMT +1)

You can also find us on Facebook at <https://www.facebook.com/PUMS.UMP> and follow all up-to-date news and events that take place at PUMS.